

Information for Pharmacists

2024



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Sexual health services available in Devon, Plymouth & Torbay include:

- STI testing and treatment
- HIV testing and care
- All methods of contraception, including long-acting reversible contraception
- Emergency contraception
- Pregnancy testing and unplanned pregnancy advice
- PEP and PrEP
- Condoms and lube

Main booking line:

0300 303 3989

DSH website (for online bookings
and general sexual health
information):

devonsexualhealth.nhs.uk/

Main booking line:

01752 431124

SHiP website:

<https://yourship.uk/>

Devon Sexual Health (DSH) Clinics

Devon Sexual Health has three main clinics:

Devon Sexual Health – Barnstaple

First Floor, Barnstaple Health Centre, Vicarage St, Barnstaple EX32 7BH

Devon Sexual Health – Exeter

Walk-in Centre, 31 Sidwell St, Exeter EX4 6NN

Devon Sexual Health – Torquay

Castle Circus Health Centre, Abbey Rd, Torquay TQ2 5YH

Appointments for all clinics can be booked by calling **0300 303 3989**.

Appointments for Exeter and Barnstaple clinics can also be **booked online**.

Service users need to register for a Personal Health Record (PHR) via the Devon

Sexual Health Website: www.devonsexualhealth.nhs.uk/our-clinics/myphr/

DSH Community clinics

In addition to DSH hub clinics, DSH community clinics include:

Holsworthy Community Hospital, Dobles Lane, Holsworthy – 3rd Wednesday of each month – all day session

Tiverton & District Hospital, Kennedy Way, Tiverton, every Wednesday with appointments available from 1.00pm– 7.00pm

Brixham Community Hospital, Greenswood, Brixham – every Friday from 9.30 – 12.00pm – contraception only

Bideford Community Hospital, Abbotsham Road – every Tuesday from 1.30 – 4.00pm

Ilfracombe Tyrrell Hospital, St Brannocks Road – every Monday from 10.00 – 4.00pm

Please note: all community clinics are appointment-only. Walk-in visitors will not be able to be seen.

Appointments for all DSH community clinics can be made via **0300 303 3989**.

DSH Young person clinics

In addition to DSH general appointment-only clinic services, DSH offers **young person only drop-in clinics**:

Under 18s

Castle Circus Health Centre, Abbey Road, Torquay – Tuesdays 2.30pm – 5.30pm

Devon Sexual Health, NHS Walk-in Centre, 31 Sidwell Street, Exeter – Tuesdays 3.30pm – 5.30pm

Under 21s

First Floor, Barnstaple Health Centre, Vicarage Street, Barnstaple – Wednesdays 3.30pm – 5.30pm

All of our sexual health and contraception services remain confidential, even for those under 16 years old.

SHiP Derriford Hospital -

Mon 8.10 – 17.00
Tues 8.10 – 12.30 (closed afternoons)
Weds 8.10 – 19.00
Thurs 8.10 – 19.00
Fri 8.10 – 16.30

Main booking line:

01752 431124

SHiP website:

<https://yourship.uk/>

Cumberland Centre – contraception only

Mondays only 8am – 8pm

Kingsbridge -

Alternate Thursdays only 2.30pm – 6.30pm

The Zone (13 - 25s) - Call directly on 01752 206626

Mon, Weds, Thurs 10.00 – 6.30 Fri 10.00 – 4.30pm

Health Advisors – available Mon-Fri for young people (U18s only) to contact direct via email: plh-tr.ship-ha@nhs.net

Barnstaple

rduh.secndsh@nhs.net

Exeter

rduh.exeterclinicnurses@nhs.net

Torbay

tsdft.sexualhealthreferrals@nhs.net

Professionals' section on the DSH website: <https://www.devonsexualhealth.nhs.uk/professionals/>

Including:

- Online referral forms
- Pharmacy training resources
- Safeguarding information
- Clinical guidelines and professional information
- Advice on patient disclosure of sexual assault
- Supporting those living with HIV in primary care

Professional contact details

Professionals' line:

[01752 439760](tel:01752439760) (except on Tuesday afternoons, when you should call [01752 431234](tel:01752431234))

Outreach email for professionals (vulnerable patients): ccash@nhs.net

Professionals' section on the SHiP website: <https://yourship.uk/for-professionals/>

Including professional development section:

yourship.uk/for-professionals/professional-development/

Professionals are able to refer to any of the following services:

- Professional helpline
- Patient self-referral
- GP referrals
- New HIV diagnoses
- Post-coital/Emergency contraceptive IUD
- IUDs and implants (LARC)

Chlamydia screening contact details

Chlamydia Screening Office kit ordering for pharmacies:

Exeter & Barnstaple

rduh.cso@nhs.net

Torbay

michelle.crowe@nhs.net

Plymouth (SHiP)

plh-tr.GUMclinic@nhs.net

Safeguarding

Multi-Agency Safeguarding Hub (MASH) contacts:

Exeter

0345 155 1071 (general number)

0345 600 0388 (Emergency Duty Service)

01392 388 428 (professionals line)

mashsecure@devon.gov.uk

Torbay

mash@torbay.gov.uk

01803 208100 (general number)

0300 456 4876 (out of hours)

Plymouth

01752 304339 (professionals line)

01752 668000 (general number)

01752 346984 (out of hours)

MASH@plymouth.gov.uk

Domestic Abuse Local Services

Exeter:

<https://www.devon.gov.uk/dsva/domestic-and-sexual-violence-and-abuse/>

Referrals can be made directly by individuals or by agencies on behalf of their clients by calling 0345 155 1074 or by secure email at referrals.devon@splitz.org.cjsm.net

North Devon:

<https://ndada.co.uk/>

admin@ndada.co.uk

01271 370079 or 01271 370080

Torbay:

<https://www.sanctuary-supported-living.co.uk/support-services/domestic-abuse/torbay-domestic-abuse-service-tdas-torbay>

0808 2000 247

Plymouth:

Plymouth Domestic Abuse Services (PDAS) [0800 458 2558](tel:08004582558)

<https://www.sanctuary-supported-living.co.uk/support-services/domestic-abuse/plymouth-domestic-abuse-services-pdas-plymouth#support-1748626095>

Devon & Cornwall SARC

Sexual Assault Referral Centres

Devon, Cornwall & Isles of Scilly SARCs Helpline: **0300 303 4626**

All SARC centres are **appointment-only**.

Professionals can refer online at sarchelp.co.uk

Exeter:

Pynes Hill, Exeter EX2 5SS

Plymouth:

Hawthorne House, Estover Plymouth PL6 7TL

Truro:

Truro Health Park, Truro TR1 2JA

Training

Devon Sexual Health and SHiP offer dedicated training for pharmacists including:

- Chlamydia screening and the role of the pharmacist
- Consultations with young people
- The role of the chlamydia screening team
- Emergency hormonal contraception (EHC) PGD & Protocol

More information can be found here:

Devon Sexual Health: www.devonsexualhealth.nhs.uk/professionals/pharmacy-training/

SHiP: <https://yourship.uk/for-professionals/>

For requests for future training or Devon Sexual Health information, please contact Joanna Perkins: jperkins@nhs.net

For Plymouth training, please contact: Lindsay Lloyd: lindsaylloyd1@nhs.net

Training - updates

There are many changes and improvements taking place in community pharmacies and sexual health services.

A new local and bespoke training offer is being developed across the NHS Devon ICB area to complement the existing CPPE training requirements for pharmacists.

While this offer is being developed, there is no longer a requirement for further local training.

If you do want to discuss you or your teams training needs, please contact your local services using the details in this newsletter.

Members of the Sexual Health Teams in Devon will be in attendance at the next Devon Community Pharmacists Contraception Update event, 3 and 10 July 2024, to deliver an update and discuss upcoming training further.

Additional resources

FSRH Emergency contraception Guideline:

<https://www.fsrh.org/standards-and-guidance/fsrh-guidelines-and-statements/emergency-contraception/>

FSRH Contraceptive Choices for Young People:

<https://www.fsrh.org/standards-and-guidance/fsrh-guidelines-and-statements/contraception-for-specific-populations/young-people/>

British Association for Sexual Health and HIV Guideline Database:

<https://www.bashh.org/resources/guidelines/>

Sexual health updates

Jan 2024 - The United Kingdom Medicines Health Regulatory Authority (MHRA) has approved an extension to the Mirena licence from 5 years to 8 years for contraception. This also applies to individuals who already have a device in-situ. There has not been an extension to the licensed duration of use when being used for the management of heavy menstrual bleeding, or for endometrial protection as part of hormone replacement therapy (HRT)

<https://www.fsrh.org/standards-and-guidance/documents/fsrh-ceu-statement-mirena-8-years-contraception-jan-2024/>

New FSRH Guidance: Supporting Contraceptive Choices for Individuals Who Have or Have Had Breast Cancer

<https://www.fsrh.org/news/new-fsrh-guidance-supporting-contraceptive-choices/>